

Yoga Around the Bay

A morning yoga class with

Bonnie Vanechuk

Brenda Mailer

Jody Myers

Shining Waters Marina

148 Nautical Way, Tantallon

Saturday, February 8, 2020

9:30 am – noon

Health & Wellness Silent Auction

Tea and cookies to follow.

Registration Fee \$25

**To Reserve Phone 902 876 8126 Or
Email dianewilkinson20@gmail.com**

Proceeds donated to:



The Grandmothers to Grandmothers Campaign exists to support grandmothers in Africa and the children in their care who have been orphaned by AIDS.

